



Alpha Baking Co., Inc
5001 West Polk Street
Chicago, IL 60644
773-261-6000 Fax: 773-261-6065
www.alphabaking.com

Larry Wiginton, QA Manager
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Nutritional information summary for the school dietitian

White Wheat Hot Dogs 12ct

Serving Size: 1 Bun
Servings per Pack: 12
Serving Weight: 57 Grams
2.0 Oz

Product # 53071

2.00 School Bread Servings
(Whole Grain-Rich)

Whole Grain:	19.9 Grams each	57.8% of total Flour	(10g / Bread Serving)
Enriched Flour:	14.5 Grams each	42.2% of total Flour	(7.3g / Bread Serving)
Total Flour:	34.4 Grams each	17.2 grams of <u>total flour</u> per school bread serving	

ALLERGEN Statement: Contains: Wheat.

Nutrient*	Per Serving	% RDA
Calories	150.05	8%
Calories from Fat	19.43	
Protein (gm)	5.73	
Carbohydrates (gm)	27.16	9%
Dietary Fiber (gm)	2.70	11%
Total Sugars (gm)	3.59	
Total Fat (gm)	2.18	3%
Saturated Fat (gm)	0.41	2%
Poly Fats (gm)	0.87	
Mono Fats (gm)	0.87	
Trans Fats (gm)	0.01	
Cholesterol (mg)	0.00	0%
Sodium (mg)	262.80	11%
Calcium (mg)	33.55	3%
Iron (mg)	1.46	8%
Phosphorus (mg)	89.21	9%
Potassium (mg)	96.40	3%
Magnesium (mg)	4.26	1%
Zinc (mg)	0.14	1%
Thiamine (mg)	0.25	17%
Riboflavin (mg)	0.14	8%
Niacin (mg)	2.46	12%
Folate (mcg)	34.69	9%
Vitamin A (IU)	0.00	0%
Vitamin B6 (mg)	0.01	0%
Vitamin C (mg)	0.00	0%
Vitamin D (IU)	0.00	0%
Vitamin E (mg)	0.24	1%

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Wheat Gluten, Soybean Oil, Yeast, Contains 2% or less of the following: Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Enzymes), Calcium Propionate (Preservative), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate).

* Nutritional analysis is computed from databases.
"Per Serving" information is unrounded and based on product weight.

Definitions:

"1.0 School Bread Serving" = "1oz of bread, at least 16g flour per oz"

"Whole Grain-Rich" means at least 8 grams of the flour is WHOLE GRAIN (per serving), and the remainder of the flour, if any, is Enriched.