



# Nutrition Panels

FC WG GOLDEN CRISPY RING SHAPED CHICKEN PATTIE FRITTERS CN

Nutrition Facts	
Serving Size 4 PIECES (83g) Servings Per Container About 188	
Amount Per Serving	
Calories 240	Calories from Fat 130
% Daily Value *	
Total Fat 14g	22%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Polyunsaturated Fat 6g	
Monounsaturated Fat 4.5g	
Cholesterol 40mg	13%
Sodium 360mg	15%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 17g	34%
Vitamin A	2%
* Percent Daily Values are based on a 2,000 calorie diet.	